

REFINED Closet Cleanout Guide



Start

Is this piece of clothing stained, ripped, or damaged?

Yes

Can it be fixed?

No

No

Yes

Does it fit? (Try it on, take a pic)

Yes

Will I fix it now?

No

Yes

No

Hell yes!

Is it flattering?

No

Kinda

Have I ever worn it?

No

How long have I had this?

>1 year

Yes

<1 year

When was the last time I wore this?

>2 years

If I was shopping today, would I buy this?

No

<2 years

Yes

Could I wear this for work and/or everyday activities?

No

Is there an occasion in the next 6 months I can wear this?

No

Yes

Yes

Do I own anything similar?

Yes

Do I like this as much as the similar style?

No

No

Yes

How much did this cost?

<\$50

Can it be replaced?

Yes

>\$50

No

Does this have sentimental value?

Yes

No

Do you still want to keep it?

No

100%

Not sure

Keep it

Undecided (Don't worry we have your back!)

Toss it

When a style is super flattering, take note! Pay attention to shape, brand, silhouette, fabric content and color. What do you love about this? These are details that will help you in making smart purchases in the future

Planning to lose weight? Until you do, this item is taking up space. Plus, it's a bummer every time you see it and know you can't wear it. When you do lose those lbs, you can reward yourself with fun new styles.

One thing to consider here is "Is this something I could see one of my fashion icons wearing?" If it's just "cute" but doesn't really match the aesthetic you're trying to achieve it's **not** something you need.

If you're keeping something for sentimental reasons, but it's not actually something you wear, remove it from your closet. Find a way to properly store or display it so it doesn't contribute to clutter

Here you want to ask yourself "Could I find a similar/identical style, as a replacement, if I **needed** to?"

Congrats! Everything that made it into the discard pile is major progress. Now you can choose to sort this pile into items to be donated or consigned. Great work!